



Key Ontario Soccer rules for U6/U7 House League soccer

Game Format and Structure

- **Format:** 3v3
- **No Scores/Standings:** Scores are not recorded, and league standings are not maintained.
- **Duration:** Maximum game duration is 30 minutes, played as two 15-minute halves.
- **Ball Size:** Size 3

Rules of Play

- **Retreat Line:** Mandatory. When the goalkeeper has the ball, or on a goal kick, the opposing team must move back to half to allow the team to play the ball out from the back. Players must remain behind the retreat line until the second touch.
- If the keeper chooses not to wait for the opposition to retreat and releases the ball early, the ball is in play, and the opposition may pressure immediately, and a teammate does not need to touch the ball first.
- The goalkeeper should not use a drop kick, rather place the ball on the ground and kick the ball to a teammate or throw the ball to their teammate.
- **No Offsides:** Offside rules are not applied at the U6/7 level.
- **Restart (Sidelines):** Players use a pass-in or dribble-in to restart play. No throw-ins
- **Fouls and Misconduct:** All free kicks are indirect, and there are no penalty kicks.
- **Substitutions:** Unlimited substitutions are allowed at any stoppage of play.

Player Requirements

- **Playing Time:** Each player must receive equal playing time, and no player should sit out the entire game.
- **Positions:** Players should rotate through all positions, including goalkeeper.
- **Safety:** The use of shin guards is mandatory. Jewelry is NOT allowed.

